



BREAKFAST MENU

Cereals /natural yogurt/prunes /grapefruit /
seeds / orange juice or grapefruit juice

Fresh coffee or tea

English Breakfast Bacon, Sausage, Black Pudding,
Grilled Tomato, Free Range Fried Egg,
Beans and Mushrooms and Hash Brown.

Two Fried, Poached, Boiled, or Scrambled Free Range Eggs
With brown or white Toast

Two Poached free range Eggs with bacon on A Toasted Muffin

Vegetarian Breakfast Grilled tomato, Fried egg,
Mushrooms, Baked beans and hash brown

Continental Breakfast Croissant, bread roll with
Fruit preserve or cheese, fresh fruit or Yoghurt
(Please make clear your preference)

Weight Watchers
Crisp breads, Poached or Scrambled free range
Eggs, grilled Tomatoes, And Mushrooms

Plus Toast and Homemade Marmalade or Fruit Preserves